

A Second Helping-3G



SUNSET BEACH FOOD RECOVERY

Mission Statement: A Second Helping – 3G Sunset Beach is a unique organization providing the community the opportunity to assist in the donation of food items, toiletries, paper products and cleaning supplies, for the purpose of distribution to those less fortunate.

How A Second Helping began:

2005: Bill and Phyllis Spier started collecting unused food from departing vacationers in Holden Beach N.C. and called the program A Second Helping. -Knowing that many families in Brunswick County live below the poverty line and don't always have the means to put sufficient, healthy food on the table, he realized what a waste it was to throw away food vacationers didn't consume during their vacation.

2015: This program was extended to Ocean Isle Beach N.C.

2019: The program was extended to Sunset Beach N.C.

History of A Second Helping-3G Sunset Beach

In 2018 the idea of creating A Second Helping-3G, Sunset Beach (ASH-3G) was born. The 3G stands for 3rd generation- Holden Beach, Ocean Isle Beach and then Sunset Beach. With the help of several rental offices on Sunset Beach Island we secured a place at Sunset Vacation Rentals to collect food on the island each Saturday morning from Memorial Day to Labor Day. With the help of the rental offices, they started spreading the word. Communications started with them distributing flyers to all their renters informing them of this Food Collection ministry that they were supporting. We built a team starting with about 16 members. Currently we have over 50 volunteers collecting food seven days a week and delivering food 3-4 days a week. At the end of every week, all food has been distributed and we start fresh with empty shelves, keeping in mind that all this food would have historically been thrown away.

At first the ASH-3G ministry was created to collect food from summer vacationers and distribute it to those in need in the community. Over the years additional food gathering opportunities have become available. We have grown from Saturday vacation rental collections to a year-round ministry through these types of opportunities:

Bin Collections: Year-round collection bins were set up throughout the city of Sunset Beach.

Bagel donations: Collect bagels at the end of each day from a local bagel shop.

Stock rotations: Gathering donations of overstocked items from local kitchens, businesses and stores.

Fresh Produce: We glean produce from The Lord's Miracle Acre to provide fresh produce to the less fortunate.

Monetary donations are used to purchase holiday meals for Recovery Centers and a women's shelter providing meals for over 80 people at a time.

Feeding our local Homeless population in Southern Brunswick County:

Brunswick County does not recognize homelessness in the county so there are no “official” counts. Therefore, there are no governmental agencies to provide support for these people. There are a few small ministries helping with administrative assistance but these ministries are funded by small irregular donations.

Only one provides physical assistance with food and clothing needs. A Second Helping -3G Sunset Beach is currently helping this ministry with donating food to distribute to individuals living in the woods.

Feeding our local Homebound population in Southern Brunswick County:

Homebound people are usually confined to their homes because of medical, physical or transportation issues that are beyond their control and they do not have a means to reap the benefits of local Food Pantries. There are some people who haven't been out of their house in months and literally have no food in the home.

A Second Helping -3G is creating 35-pound boxes of food containing about 30 meals per box and Brunswick County Homeless Coalition is collaborating with ASH-3G to distribute the food as it is available to callers. To be able to do this A Second Helping -3G needs a steady supply of food donations year-round. **This is where we need your help.**

In 2019 ASH-3G started distributing food to a local food pantry and a recovery center. Currently we support 3 recovery centers, 2 food pantries, a women's shelter as well as the homeless and homebound community.

Our first year (2019) ASH-3G collected and distributed over 6,000 meals. In these 5 years of ministry, the team has collected and distributed over 92,000 meals to our local community

HERE IS HOW YOU CAN HELP

Ask your friends, clubs, HOAs, churches, Bible Study groups or employers to hold a food collection event.

Spread the word with your vacationing friends and families.

Remember ASH-3G when you plan a large party or banquet.

Our beneficiaries really enjoy Home cooked leftovers.

Do you know of someone who is moving? Ask them to donate their pantry and freezer items.

Go through your pantry and donate your overstocked items.

Please pray on their needs and contribute to food collection efforts for these people as you are moved.

It is greatly appreciated by so many people. May God bless you and your families.

We will pick up all donations – Please contact us for scheduling

A Second Helping – 3G Sunset Beach

Bert & Vicki Barman

bert3milesttb@outlook.com or 602-686-2436



FOOD DRIVE TO FEED THE HOMELESS IN OUR COMMUNITY

**Note: Homeless people do not have means to heat,
cook or store food.**

**Below is a list of items that are their
favorites:**

**Bread, Peanut Butter, Jelly and Quart size resealable
bags.**

**Cans of Tuna Fish, Chicken and Vienna Sausage
Cans of soup, fruit and vegetables with pull ring tops
Crackers, cookies, Granola Bars and Pop Tarts
Apples, Oranges
Bottled Water**

Any questions please contact Vicki and Bert Barman
(bert3milesttb@outlook.com) 602-686-2436